



CLEVELAND LOCAL
RESILIENCE FORUM

THE COMMUNITY SAFETY AWARD

NEIGHBOURHOOD AWARD WORKBOOK

HOW TO BE PREPARED IN YOUR NEIGHBOURHOOD
AND REACT TO EMERGENCIES



www.communitysafetyaward.org





INFORMATION:

This workbook is designed to help with achieving the Neighbourhood Award in the Community Safety Award scheme. Activities can be undertaken either at home or in the meeting place.

HOW IT WORKS:

There are thirteen activities; the first three are compulsory and you must complete another five to gain the Award.

GAIN THE NEIGHBOURHOOD AWARD

- Think what you might need in a household grab bag, the items you would take with you if you had to leave your home. If you have pets, what would they need?
- Put together a list of all your local radio stations and how you would tune into them (their radio frequency). Also, complete a list of useful contacts below.
- Create a Household Emergency Plan using the two page template from www.clevelandemergencyplanning.info/info-for-residents.
- Highlight how many people requiring assistance in an emergency live close to your home/meeting place.
- What is an emergency, who would you contact and how would you do this for different types or emergencies?
- What Steps could you take to stop the spread of disease i.e. Flu, animal disease.
- How could you assist members of your local community if it was cut off by snow, flood, long term power cut or any other incident agreed by your peer group?
- What is meant by “Go in, Stay in and Tune in” and “Get out, Stay out and dial 999 or 112”?
- There are many different ways to reduce risk, what could you do in your home or group’s meeting place to improve safety?
- Arrange a visit to any industrial site or organisation that has their own emergency plan, get them to talk about what considerations they had to take into account to formulate their plan. This could be one of the following: Police, Local Authority, Fire and Rescue Services, Ambulance Services, Environment Agency, Highways Agency, Local Industry, or any other place agreed by your group.
- How does the Environment Agency let people know that there may be flooding in their area and what does each one mean?
- What Warnings do the Met Office issue, and what do they mean?



NEIGHBOURHOOD AWARD **WORKBOOK**

WORKBOOK (COMPULSORY)

Think what you might need in a household grab bag, the items you would take with you if you had to leave your home. If you have pets, what would they need?



Main Items:

For Pets:

For in the Car:



NEIGHBOURHOOD AWARD **WORKBOOK**

Put together a list of all your local radio stations and how you would tune into them (their radio frequency). Also, complete a list of useful contacts below.

Radio Station	Frequency

Useful numbers could include; family, relatives, doctors, work, school, NHS direct, Hospital, Floodline, House insurers, car insurers etc

Useful Contacts

A Household emergency plan is a document that contains essential information and instructions for what to do in an emergency.

Visit www.clevelandemergencyplanning.info/information-for-residents for a 2 page household emergency plan template

Date Completed	Signature



NEIGHBOURHOOD AWARD **WORKBOOK**

WORKBOOK (CHOOSE 5 FROM THE FOLLOWING)

Option 1:

What is an emergency, who would you contact and how would you do this for different types or emergencies?

Option 2:

What is an emergency, and who would you contact and how for different types of emergencies?

Option 3:

What steps could you take to stop the spread of disease i.e. Flu, animal disease?

Flu:
Animal Diseases:



Option 4:

How could you assist members of your local community if it was cut off by snow, flood, long term power cut or any other incident agreed by your peer group?

Option 5:

Here are two catchphrases, explain what they mean and give an example;

Go in, Stay in and Tune in:
Get out, Stay out and dial 999 or 112:

Option 6:

There are many different ways to reduce risk, what could you do in your home or group's meeting place to increase safety?



NEIGHBOURHOOD AWARD **WORKBOOK**

Option 7:

Arrange a visit to any industrial site or organisation that has their own emergency plan, get them to talk about what considerations they had to take into account to formulate their plan. This could be one of the following: Police, Local Authority, Fire and Rescue Services, Ambulance Services, Environment Agency, Highways Agency, Local Industry, or any other place agreed by your group.

Organistation Visited	Date of Visit	Signature

Option 8:

How does the Environment Agency let people know that there may be flooding in their area and what does each one mean?

Option 9:

What Warnings do the Met Office issue, and what do they mean?



PROGRESS TRACKER

Use the following table to track your progress through the Community Award, when you complete a module get your leader to sign it off.

Module	Date	Signature
Compulsory Grab Bag		
Compulsory Radio List & Useful Contacts		
Compulsory Household Emergency Plan		
Option 1 Vulnerable People		
Option 2 What is an Emergency?		
Option 3 Diseases		
Option 4 Assisting Vulnerable People		
Option 5 Go in, Stay in, Tune in Get out, Stay out, dial 999		
Option 6 Minimising risks		
Option 7 Industry or Organisation Visit		
Option 8 Flood Warnings		
Option 9 Weather Warnings		



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NEIGHBOURHOOD AWARD **WORKBOOK**

(CONGRATULATIONS!

Now that you've completed the workbook you can get a certificate to show that you've completed the Neighbourhood Award. Ask your teacher

or email

community.resilience@hartlepool.gov.uk



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